



Personal Medication List

If you go to the hospital or emergency room, take this list with you. Share this with your family or caregivers.

- Use blank rows to add new medications. Then fill in the dates you started using them.
- Cross out medications when you no longer use them. Then write the date and why you stopped using them.
- Ask your doctors, pharmacists, and other healthcare providers to update this list at every visit.

Keep this list up to date with:

- Prescription Medications
- Over the Counter Drugs
- Herbals
- Vitamins
- Minerals

First Name	Last Name
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Allergies or side effects

Medication :

How I Use It :

Why I Use It :

Prescriber :

Date I Started Using It :

Date I Started Stopped Using It :

Why I Stopped Using It :

Medication :

How I Use It :

Why I Use It :

Prescriber :

Date I Started Using It :

Date I Started Stopped Using It :

Why I Stopped Using It :

Medication :

How I Use It :

Why I Use It :

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Medication :

How I Use It :

Why I Use It :

Prescriber :

Date I Started Using It :

Date I Started Stopped Using It :

Why I Stopped Using It :

Other Information :

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